

Event Information

Thank you for considering entering the Hatfield Business Park Fun Run, the following provides some information you may need prior to and during the event.

Entering the Fun Run

Please enter the Fun Run on-line. You will need to have pre-registered prior to the Fun Run so that we can organise the t-shirts and race numbers. The closing date for entries is the Friday 16th March and we will not be able to register anyone on the day.

The cost of entering the Fun Run is **£7.50** for the 1 mile run and **£10.00** for the 3 mile run.

As part of your run entry we will automatically donate £5.00 per entry to Sport Relief. We encourage you to raise additional money through your participation and details of how to do this is on the event web page www.sportinherts.org.uk/funrun

We are sorry but we cannot give refunds. Entry fees are non-refundable and are personal to the applicant.

Following your on-line entry you will receive a confirmation email that your registration has been successful. You will also receive follow on information by e-mail from the Herts Sports Partnership. Numbers and t-shirts will be in your Fun Run pack, prior to the race.

If you do not receive your follow on information e-mail by March 20th please call the event hotline on 01707 281203 or email us at info@sportinherts.org.uk.

Collection of Fun Run Packs

Fun Run packs will contain your run number and your FREE t-shirt. Please collect these on the day at from the Comet Room at Club de Havilland (marked on the race map) open from 11.00am on the Fun Run day, Friday 23rd March. Please allow enough time to collect these.

If you are going to be pushed for time on the day, don't worry, packs can be collected from the Herts Sports Partnership office in the Sports Performance and Development Centre, next to the Herts Sports Village between 10am and 4.00pm Monday 19th March - Thursday 22nd March.

We would really like all runners to wear their Fun Run t-shirt for the event.

Bag Drop

We do not recommend you bring with you anything valuable, but appreciate you may need somewhere to store extra clothing. There will be a non-valuables bag drop in the Comet Room, open before and after the Fun Run for drop off / collection and will be manned during the run.

Location

A map outlining the Fun Run route is available on both the on-line entry website and the information website. www.sportinherts.org.uk/funrun.

The runs will take place on the Ellenbrook fields to the rear of Hertfordshire Sports Village, De Havilland Campus, Hatfield Business Park. The course is fairly flat and entirely off road on man-made paths, footpaths and mown grass. The course may be uneven in places and muddy. We are sorry, but the course is not suitable for buggies or wheelchairs.

Changing facilities will be available in the outdoor changing block and toilets are located close to the Fun Run pack pick up area in Club deHavilland. In the event of adverse weather, the 3 mile race may need to be altered or for safety, cancelled.

Getting to the Event

The Fun Run is mainly for users of the Business Park, UH staff and Students, therefore we would very much like to discourage people from driving to the event. There are some different options for getting to the starting point.

- Walk / Jog – a good way to loosen your muscles
- Use the University Park and Ride facility from the College Lane Campus.
- Use the specially chartered Fun Run bus, generously supplied by UNO buses. This service is provided free of charge to Fun Runners. An UNO pass will be emailed to you with details of the pick up points and schedule.
- As a last resort there is limited parking on the de Havilland campus, but you will need to have a permit.

Parking will not be permitted on the road next to the Ellenbrook fields or surrounding roads. Inconsiderate parking could result in emergency services not being able to get to someone who may need it!

Taking Part

If you are taking part in the Fun Run please prepare and train properly. There are beginner running groups operating on the Business Park in preparation for the Fun Run, for details go to www.sportinherts.org.uk/funrun. When training / running it is important that you:

Warm up and cool down; Wear suitable comfortable clothing and trainers; **Seek medical advice if you have any doubts about your ability take part in the Fun Run;** Take particular care if you are undertaking physical activity of a type or level which is new to you; **Always be aware of your surroundings, the safety of other runners, spectators and the public.**

By taking part in the Fun Run you agree that:

- Your name and any image of you taken during the event may be used in any publicity and promotional materials for Herts Sports Partnership or the University of Hertfordshire
- Your entry fees are non-refundable
- The organisers do not accept responsibility or liability for any loss or damage, or for any death or personal injury, arising out of participation in the Fun Run, including liability as a result of negligence.

Thank you and have fun!