



## **WOMEN ONLY!**

**Teaching for beginners and  
general swim sessions**

### **Teaching and Swimming sessions for Women**

**WHEN:** Saturday's 11 week course 6th June—15th August

**TIME:** 3:30—4:30pm

**WHERE:** Astley Copper School, St Agnells Lane, Hemel Hempstead,  
Hertfordshire HP2 7HL

**Cost:** £5 per taught lesson / £3 for general swim

Sessions Include:

- ASA Qualified teachers
- Women only suitable environment
- Female Life guard present at all sessions

**(WE ARE CURRENTLY LOOKING FOR MORE FEMALE LIFEGUARDS. IF YOU ARE ABLE TO HELP PLEASE CONTACT 01707 281006)**

This course is aimed at Non—swimmers and Beginners. Book ASAP to avoid disappointment



For more information and casual bookings please call  
01442 259932 or 0773 8360100

**Please wear appropriate fitted clothing excluding  
Shalwar Kameez**